



Behavioral Health Partnership Oversight Council

Child/Adolescent Quality, Access & Policy Committee

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Co-Chairs: Robert Franks, Hal Gibber & Sherry Perlstein

Meeting Summary
Friday, January 17, 2014
2:00 – 4:00 p.m.
Value Options
Rocky Hill, CT

Next Meeting: Friday February 21, 2014 @ 2 PM
at Value Options, Rocky Hill

Attendees: Co-Chair Bob Franks, Co-Chair Hal Gibber, Co-Chair Sherry Perlstein, Vickie Alston, Dr. Karen Andersson, Dr. Kathleen Balestracci, Jennifer Barba, Helen Barnes, Sarah Becker, Dr. Lois Berkowitz, Chris Bory, Jeana Bracey, Annie Calamari, Paul Cancro, Marilyn Cloud, Ellen Coloccia, Mary Cummie, Christine Dauser, Terri DiPietro, Jessica Dubey, Brunilda Ferraj, Frank Fortunati, Elizabeth Garrigan, Bill Halsey, Christy Jackson, Bill Kania, Beth Klink, Stephen Merz, Kim Nelson, Joan Neveski, Michael Palota, Ann Phelan, Katie Rock, Kathy Schiessl, Kristie Scott, Henrietta Small, Karen Stillman, John Torello, Dr. Laurie Van Der Heide, and Mark Van Sack

Opening Remarks and Introductions

Co-Chair Bob Franks commenced the meeting at 2:06 PM and thanked members for coming. Members and guests then introduced themselves.

Modular Approach to Therapy for Children with Anxiety, Depression, Trauma, and Conduct Disorder; (Project MATCH-ADTC) - Model Overview and Implementation-(Marilyn Cloud and Dr. Chris Bory)



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MATCHPresentation.p

Marilyn Cloud-DCF Behavioral Health Clinical Manager provided the overview. Outpatient Report conducted in 2009 identified areas of recommendation including family engagement, data collection and reporting and evidence-based treatments. Discussed process for how an additional evidence-based practice was selected.

MATCH met all of the criteria identified by stakeholders.

Chris Bory, Psy. D., CHDI Program Associate for Mental Health provided an overview of the model—an integrated evidence based model that treats anxiety, depression, trauma and conduct (accounting for over 70% of presenting problems in children’s outpatient mental health care). This model has been demonstrated in multiple studies to be more effective than treatment as usual.

MATCH will be disseminated through a five-year DCF funded initiative in two ways:

- 1) Through a five-year intensive training and randomized controlled trial at four child guidance clinics in CT (Clifford Beers, The Village, Wheeler and Wellmore.)
 - 2) Through successive annual learning collaboratives in years 2-5 reaching up to an additional 16 agencies (totaling 20 agencies trained at the end of the five year initiative).
- Discussion included attention to sustainability and the costs of providing EBTs.

Responding to Children of Arrested Caregivers Together; (Project REACT)-Project Overviews and Outcomes Summary (Dr. Bory)



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CTPresentation.pdf



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Dr. Chris Bory provided an overview of the REACT initiative; Responding to Children of Arrested Caregivers Together. This model responds to families where a parent or caregiver was arrested or incarcerated in the days and weeks following the arrest. This initiative was a 3-year initiative that will be completed this spring.

Goals of REACT are to:

- 1) Minimize traumatic stress, provide training and resources to law enforcement, improve collaboration across law enforcement, mental health and child welfare and to early identify at risk children.

This original model was developed by CHDI through review of best practices, available research and input from stakeholders. The initiative is funded through the Institute for Regional and Municipal Policy (IMRP) at Central Connecticut State University.

Focused intensively on two communities, Manchester and Waterbury and also provided additional training across the state. In Connecticut it is estimated that anywhere from 12,000-51,000 children annually are present at the time of their parent or caregiver’s arrest.

This model appears to be well received by the communities, has resulted in increased referrals to EMPS by law enforcement and coordination of services for affected families. Over 500 police officers have been trained to date. Funding for this initiative ends in July 2014.

Discussion included how we can further support policy changes at a statewide level and further support the initiative to be expanded statewide. Providers who were present that were involved with the initiative indicated that although it took some time to take hold it has been extremely helpful in their communities and should continue to be supported.

Connecticut Network of Care Planning Grant; (CONNECT)-Project Overview (Dr. Jeana Bracey, CHDI Senior Program Associate for Mental Health)



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NNECTOverview.pdf

Jeana Bracey, Ph.D. provided an overview to the CONNECT initiative, a one year SAMHSA system of care planning grant.

Goal is to develop a statewide strategic plan for expanding the network of care to a statewide and regionalized structure.

The Network of care including: behavioral health, child welfare, early childhood, juvenile justice, education, and substance abuse. It is based on system of care principles. The structure of the planning initiative includes a leadership team, statewide steering team, youth and family voice team, data team and local expansion and network implementation teams.

Goal is to utilize statewide and regional input to develop a long-term system of care plan for the state and to apply for additional funding from SAMHSA—a five-year federal grant to develop the necessary infrastructure and support long-term implementation of the Network of Care.

These efforts are being collaborated with the ongoing PA 13-178 BH planning initiative. Discussion suggested that we also need to break down silos between adult and child care and focus on supporting families in their treatment and recovery.

New Business and Announcements

Co-chair Sherry Perlstein announced that the presentation for next month's agenda will include an update on IICAPS Outcome Study. Hearing no new business, comments, or issues, Co-Chair Bob Franks reminded the committee that the next meeting will be Friday, February 21, 2014 at 2:00 PM in the same usual room at Value Options and adjourned the meeting at 3:55 PM.

Next Meeting: Friday, February 21, 2014 @ 2 PM
at VO, Rocky Hill